

PSHE and RSE Long Term Overview

EYFS					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me Exploring Emotions	Difference and Diversity Bullying Matters	Being Safe Relationships	Being Healthy Drug Education	Being Responsible Money Matters	Growing Up Changes

KS1 (Yrs 1/2), Lower KS2 (Yrs 3/4), Upper KS2 (Yrs 5/6)						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	Relationships	Difference and Diversity	Exploring Emotions	Being Healthy	Being Responsible Money Matters	Growing Up (inc sex ed)
Cycle B	Being Me	Being Safe Being Safe Online	Changes	Drug Education	Bullying Matters	Growing Up (inc sex ed)