



Westhouses Primary School PE Overview Year B: 2024/25

'Outdoor' Sessions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Coaching Company	Paceball UK	Paceball UK	Paceball UK	Paceball UK	Paceball UK	Paceball UK
Little Explorers	Paceball Coaching	Hockey	Handball	Netball	Cricket	Rounders
Explorers	Paceball Coaching	Hockey	Handball	Netball	Cricket	Rounders
Philosophers	Paceball Coaching	Hockey	Handball	Netball	Cricket	Rounders
Trailblazers	Paceball Coaching	Hockey	Handball	Netball	Cricket	Rounders

'Indoor' Sessions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Little Explorers	Forest School	Dance – Exploring movement	Dance – festival prep.	Yoga (BSSP plans)	Invasion Games (school planning)	Fitness – Dodgeball (school planning)
Explorers	Forest School	Dance – Knights, Castles and Balls	Dance – festival prep.	Yoga (BSSP plans)	Invasion Games (school planning)	Fitness – Dodgeball (school planning)
Philosophers	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Trailblazers (Leisure Centre)	Badminton (School planning)	Gymnastics – Parkour	Gymnastics – rolls, balance and travelling.	Dance – Derbyshire dance	Volleyball (school planning)	Fitness – Dodgeball (school planning)



Westhouses Primary School PE Overview Year A: 2025/26

'Outdoor' Sessions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Coaching Company						
Little Explorers	Fundamentals	Football	Invasion games	Basketball	Tennis	Athletics
Explorers	Fundamentals	Football	Invasion games	Basketball	Tennis	Athletics
Philosophers	Tag Rugby	Football	Invasion games	Basketball	Tennis	Athletics
Trailblazers	Tag Rugby	Football	Invasion games	Basketball	Tennis	Athletics

'Indoor' Sessions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Little Explorers	Forest School	Dance – Exploring movement	Dance – festival prep.	Yoga (BSSP plans)	Invasion Games (school planning)	Fitness – Dodgeball (school planning)
Explorers	Forest School	Dance – Tudor Dance	Dance – festival prep.	Yoga (BSSP plans)	Invasion Games (school planning)	Fitness – Dodgeball (school planning)
Philosophers	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Trailblazers (Leisure Centre)	Badminton (School planning)	Gymnastics – Parkour	Gymnastics – rolls, balance and travelling.	Dance – WW2 Dance	Volleyball (school planning)	Fitness – Dodgeball (school planning)