
Explore Bolsover District

— Bolsover District School Sport —
Partnership



Bolsover District



During the weekends and over the festive period, the Bolsover District School Sport Partnership have mapped out various routes across the district where you and your families can walk, run or bike around.

This pack has information on four trails/woodlands from across the district, and each one includes a family fun orienteering activity. We have also included distances for cross country (Y3/4 and Y5/6).

Share your adventures with us on social media using #activebolsover and #familymovers; Facebook (Bolsover District School Sport Partnership), Instagram (@bolsover_active_schools) and Twitter (@BolsoverSSP).



Picture Orienteering



Each route will have an easy to follow map with a marked out route.

- We have taken several pictures along the route, and you must find these exact spots on the route yourself. They will be signposted on the map.
- Take your own pictures of these spots and share them with your school and us on social media using #activebolsover or #familymovers

What else can you try:

- Try taking your own pictures of the various wildlife and woodlands
- Challenge your friends to find your pictures
- Try travelling a little further on your next adventure
- Share any other ideas on how you have been getting active over the holidays

How to stay safe - please read!

Always be prepared for any activity you undertake outside or in the countryside. Here are some top tips;

1. Be sure to check the weather forecast before you leave the house
2. Wear suitable clothing and footwear
3. Pack enough food, water and snacks for your journey
4. You won't always have phone signal so it is important you know where you are and how to get back home, or to your car. Tell somebody where you are going.
5. Always wear a helmet when out cycling or scooting
6. Emergency services are encouraging people to download an app called 'what3words' - <https://what3words.com/about-us/> Click this link or search for this in your app store. This is used by the emergency services and it divides the world into 3 metre squares and gives each square a unique combination of three words. It's the easiest way to find and share exact locations.

Cross Country

The Bolsover District School Sport Partnership would usually organise cross country competitions across the district for all pupils, however due to the current restrictions around hosting events, we are asking schools to run them within their own school grounds.



Distances have been set at:

- Year 3 and 4 pupils - 1200m
- Year 5 and 6 pupils - 1500m

These distances are marked out on the maps using different coloured markers. Please give them a go and start practicing your running, or measure out a route local to you.

Please note some of these routes could be very muddy and may not be suitable so please be careful.

Pleasley Pit Country Park

Facilities available:

- Free parking - NG19 7EY
- Bridleway/Horse riding trail
- Cycle path
- Easy access for all
- Footpath
- Picnic area
- Wildlife area
- Dogs allowed
- Cafe - hours subject to change so please check beforehand

Search 'Pleasley Pit Country Park' on the Derbyshire County Council's website.

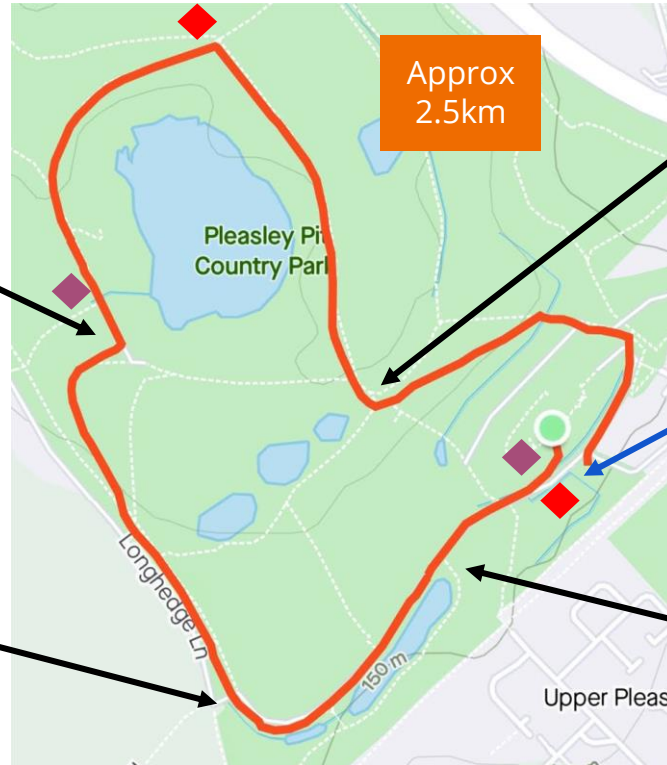


Orienteering at Pleasley Pit Country Park

There are four photos located on the map. Find as many as you can and remember to share them on social media using #activebolsover



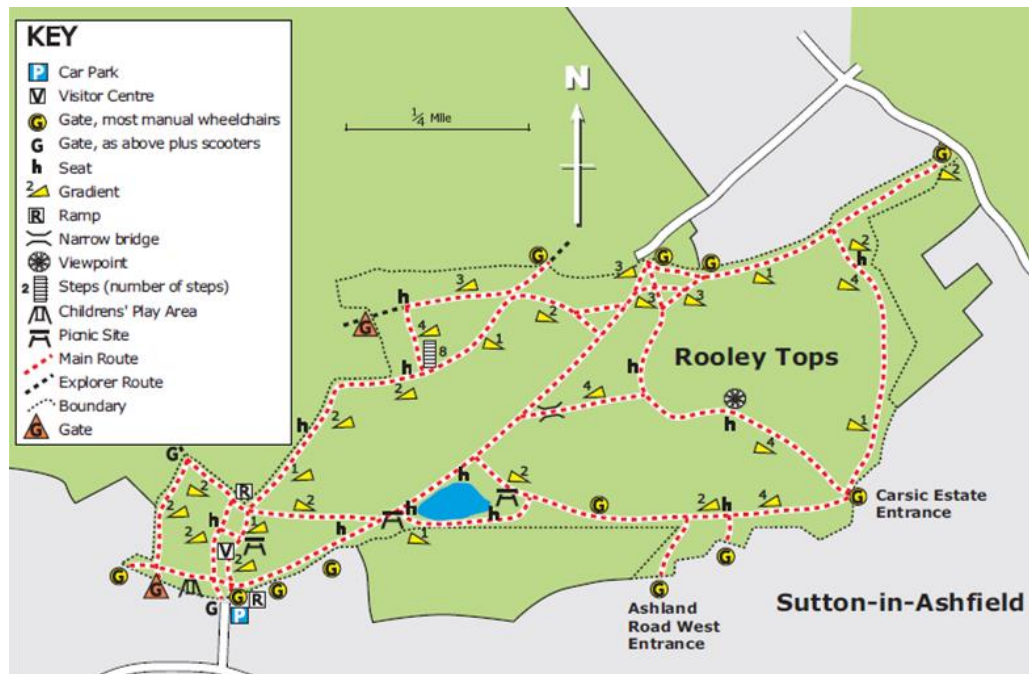
Cross Country (between the markers, clockwise):
Y5/6 1500m 
Y3/4 1200m 



Parking
Face the Pit Top
and turn left
onto the trail.



Brierley Forest Park



Search 'Brierley Forest Park' on the Nottinghamshire County Council's website.

Facilities available:

- Free parking inc. disabled spaces - NG17 2PL
- Horse routes and cycle trails (inc. mountain bike track)
- Footpaths
- Picnic area
- Wildlife and play area
- Dogs allowed
- Cafe and visitors centre - hours subject to change so please check beforehand
- Brierley Waters with 20 fishing platforms (inc. two disabled pegs)

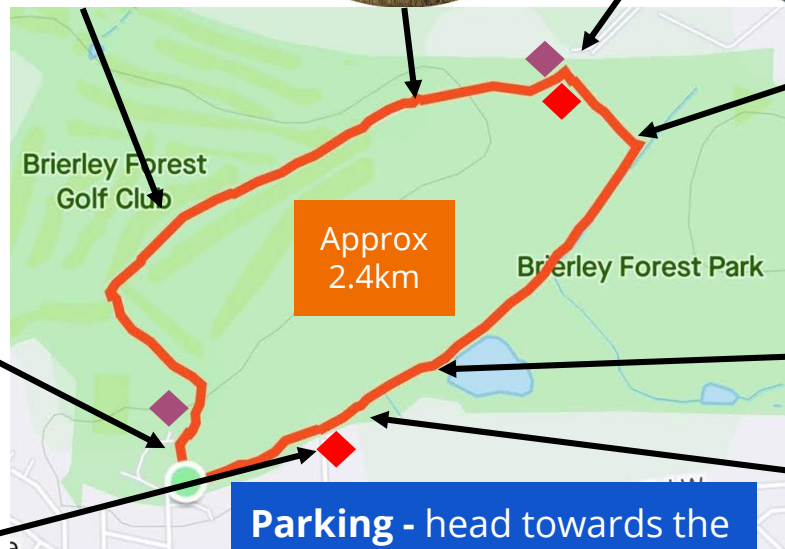
Orienteering at Brierley Forest Park

Here are your eight photos located on the map. Find as many as you can and remember to share them on social media using #activebolsover

Cross Country
(between the markers,
anti-clockwise):

Y5/6 1500m ◆

Y3/4 1200m ◆



Parking - head towards the
fishing lakes first

Whitwell Wood



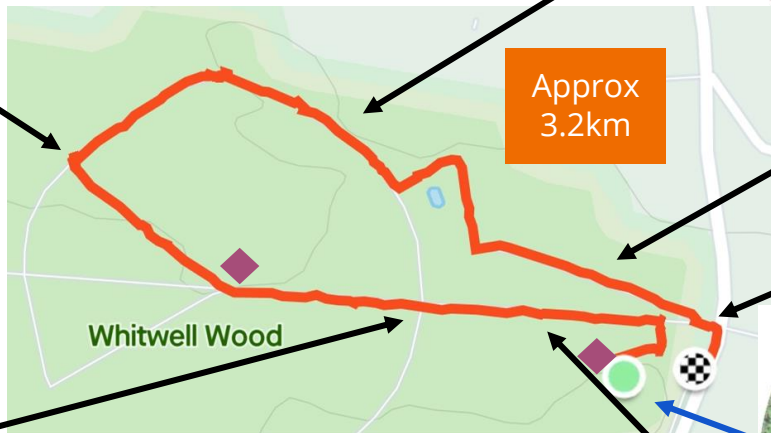
Details:

- Parking layby - S80 3EH
- No cycling or horse riding permitted
- Three walking trails (follow the colour markers);
 - Red - longest route at 2 miles
 - Blue - takes you to the centre of the woodlands, 1.5 miles
 - Yellow - walk to the pond, 0.75 miles
- Dogs are allowed

Search 'Whitwell Woods' on the Forestry Commission's website.

Orienteering at Whitwell Wood (red route)

There are six photos located on the map (follow the red trail). Find as many as you can and remember to share them on social media using #activebolsovert



Cross Country (between the markers, clockwise):
Y3/4 1200m 

Parking
Enter the woods by the cafe in the lay by.

Silverhill Wood

Details:

- Free parking open during daylight hours - NG17 3JL
- Cycling and horse riding permitted
- Two walking trails - please note they are not waymarked
- Dogs are allowed
- Picnic area
- Search 'Silverhill Wood' on the Forestry England website.

Orienteering course available from the Forestry England's website. Download the PDF map and look out for the orienteering markers around the woodland.



Orienteering at Silverhill Wood

There are six photos located on the map. Find as many as you can and remember to share them on social media using #activebolsover



Cross Country
(between the markers,
anti-clockwise):

Y5/6 1500m



Y3/4 1200m



Parking

Face Silverhill wood and exit the car park on your right and follow the trail.

Go the extra mile!

Believe it or not, most of these routes join together using other trails. If you fancy going that little bit further then please see below some routes you can try;

- Silverhill Wood to Teversal Trail
- Pleasley Pit joins onto the Teversal Trail
- Teversal Trail into Rowthorne, and onto Hardwick

Some other trails you can explore;

- Five Pits Trail (Tibshelf area)
- Shirebrook Wood
- Clowne Branchline
- Scarcliffe Woods



Picture taken at
Silverhill Wood near
the pond