



This worksheet accompanies the Dance Around the World video resource which has been produced for Key Stage 1 pupils to support them to be physically active at home or at school. To access the full range of dance video resources and worksheets please visit www.activenotts.org.uk/young-people-active-at-home or www.activederbyshire.org.uk/young-people-active-at-home

Children and young people should engage in moderate-to-vigorous intensity physical activity for an average of at least 60 minutes per day across the week. For more ideas on how to achieve this please visit the Active Derbyshire or Active Notts websites on the above addresses. Your local School Games Organiser can also provide support and their details can also be found on the website.

We would love to see you taking part in the dance routines, why not tweet us at @ActiveDerbys or @Active_Notts or send us your clips to our Active Derbyshire or Active Notts Facebook accounts.

Have fun!

INTRODUCTION TO

AFRICA

FUN FACTS ABOUT AFRICA

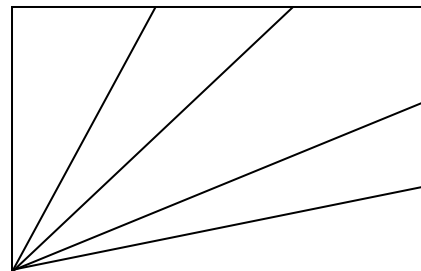
- Africa is the second-largest continent in the world and has over 2000 languages.
- If you look closely at a map of Africa you will count over 40 countries
- Due to its size, there are many different climates and landscapes.
- Africa is the second-driest inhabited continent on the planet.
- It is home to the fastest land animal on the planet.

FILL IN THE GAPS

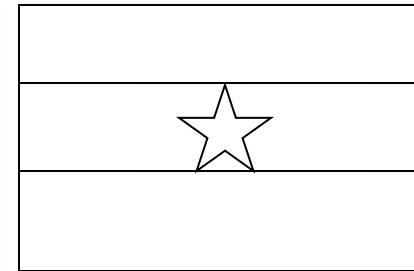
- What are the 'Big 5' animals from Africa?

1. _i_n
2. L_o_a_r_
3. R_i_o
4. B_ffa_o
5. _l_ph_nt

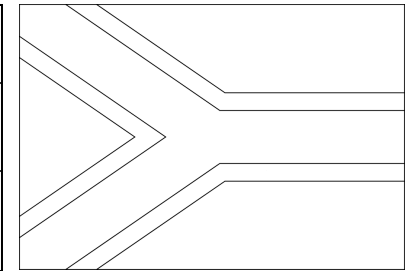
Each of the countries of Africa has its own national flag. Many flags of African countries use colours referred to as 'Pan-African' colours. Can you colour in the below flags? Larger versions are available on the next pages, if required.



Seychelles



Ghana

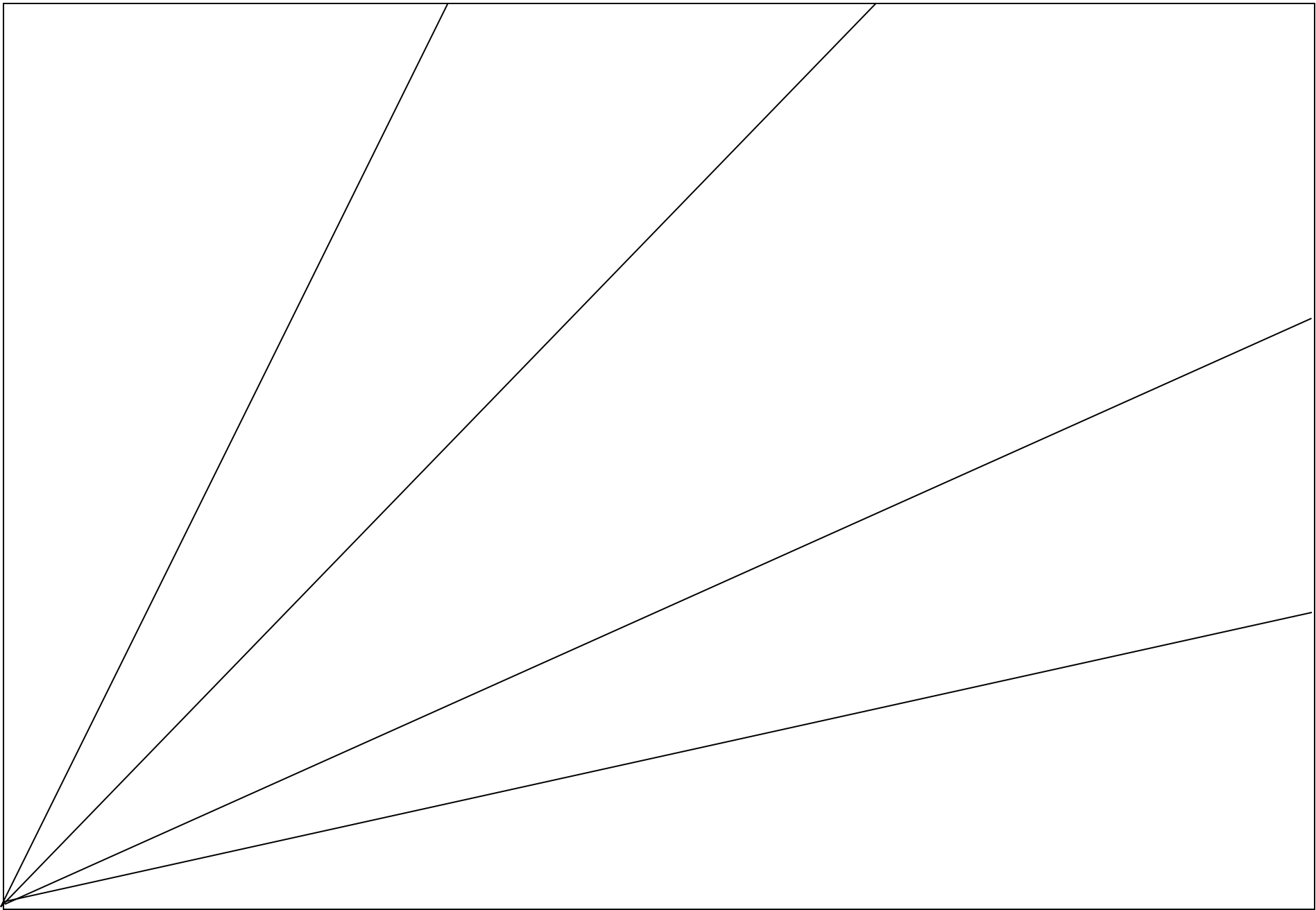


South Africa

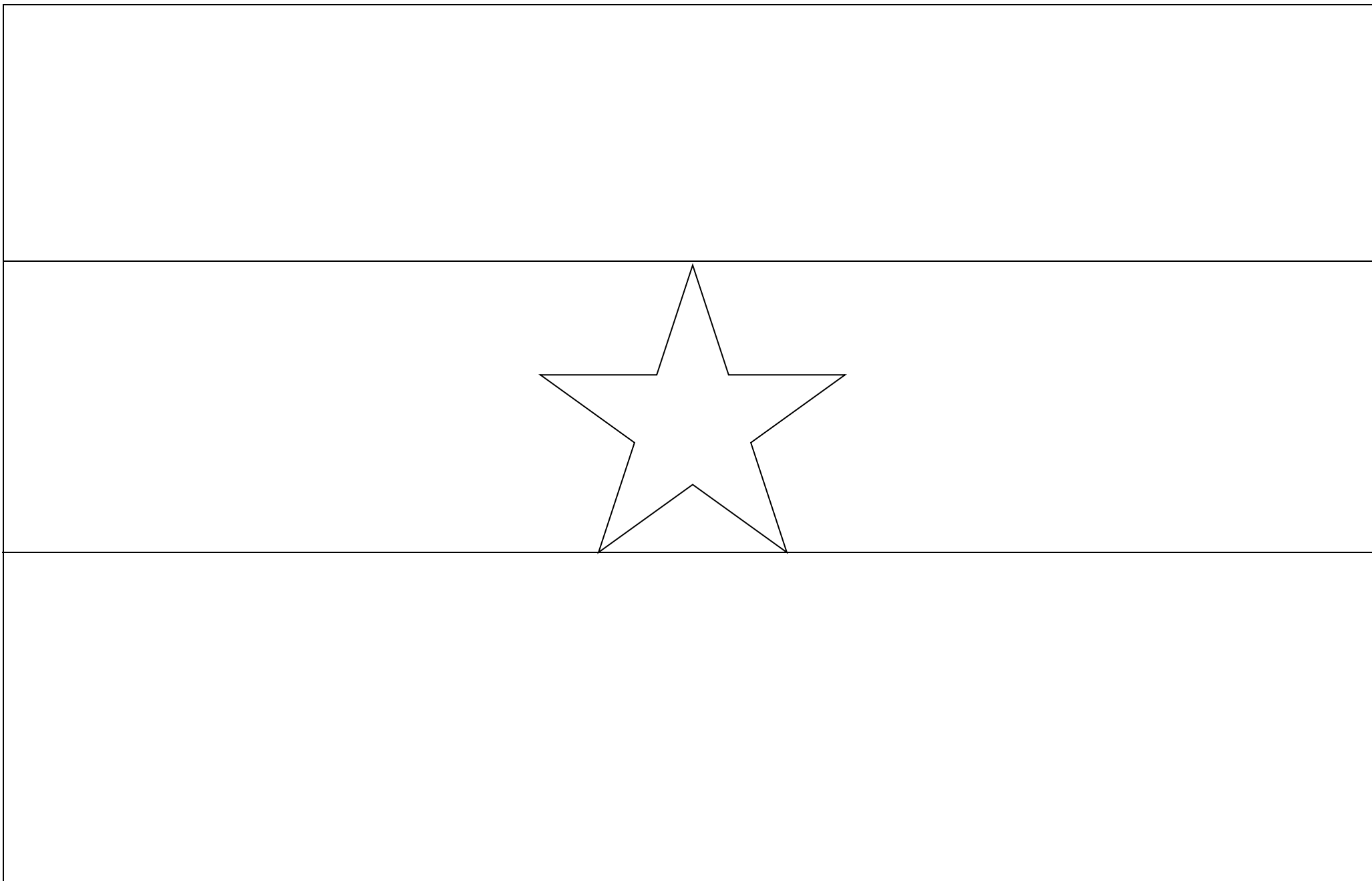
What to find out more about Africa?

<https://www.bbc.co.uk/bitesize/articles/zfnbcbdm>

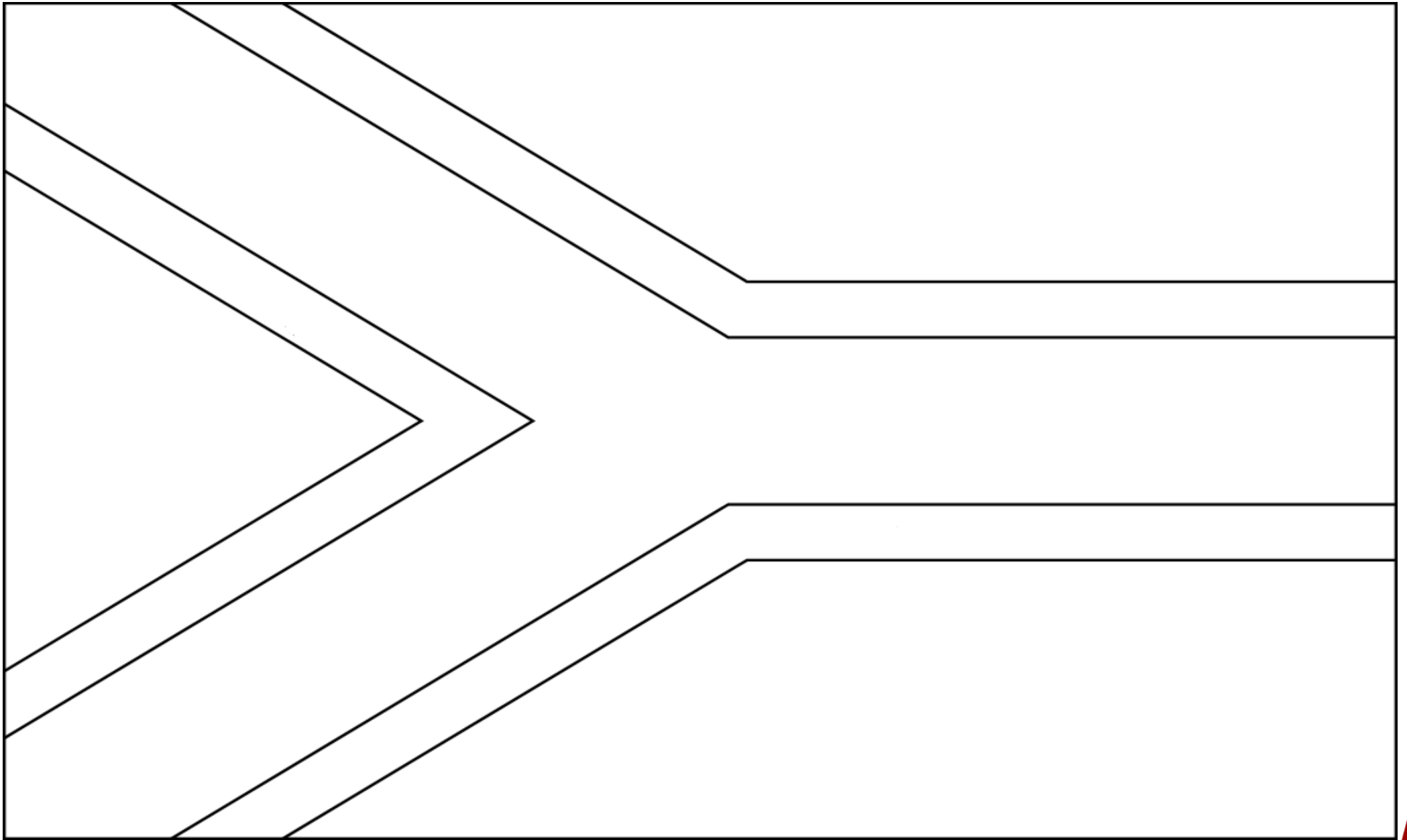




Seychelles



Ghana



South Africa