



The impact of anxiety on school attendance and engagement

Outline:

This workshop aims to build on parents/guardians/carers' understanding of how feelings of anxiety can impact children's school attendance and engagement.

The workshop will explore what anxiety is and what it might look like in our children.

A brief introduction to Emotionally Based School Avoidance (EBSA) and an overview of the Derbyshire and Derby City Attendance Project will be offered and strategies about how you can support your child will be shared.

Outcomes:

The aim of this workshop is for parents/guardians/carers to feel more confident:

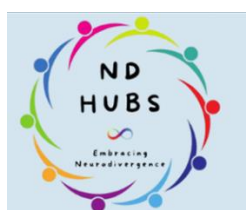
- Recognising feelings of anxiety in children and young people.
- Using strategies to support children and young people that feel anxious about attending school.

Audience:

Parents/guardians/carers of children and young people that live in Derbyshire.

Date: Friday 2nd May 2025, 1:00-2:00pm

Location: St James Centre, Malcolm Street, Derby DE23 8LU



Derbyshire Educational Psychology Service

Making and Difference: Enabling positive change through listening, optimism, and insight