



PE teaches us about physical development, sports and active lifestyles.

Golden Threads: Sporting values, agility, balance, co-ordination, speed, strength



## Intent

Provide a broad and balanced P.E. curriculum to increase self-confidence and manage themselves and their bodies within a variety of movement situations.

Foster a life long love of exercise and physical activity, promoting healthy lifestyles.

Develop our sporting values (see below).

Teamwork, self-belief, determination honesty, passion, respect, resilience.

To provide children with a broad base of movement knowledge, skills and understanding.

Encourage children to develop their creative and expressive abilities, through improvisation, tactical thinking and problem-solving.



## Implementation

**Planning** - Each class takes part in at least 2 hours of taught PE sessions per week. Usually, this consists of 'competitive, skill based sports' and gymnastic/dance fundamentals skills. We ensure that we teach high quality, purposeful lessons which support, embed skills and challenge our children (see our skills progression document below). External coaches use their own sport specific planning when delivering PE lessons at our school. Teachers plan sessions based on the 'Do, Think, Feel' scheme of work. The plans have suggested teaching points and adaptations. Teachers adapt plans based on pupil ability and successes. Units are carefully planned using our progression documents, to ensure that children are challenged and supported as appropriate.

**Resources** - As a school, we have the equipment required to deliver the planned curriculum. When a need is recognised, we purchase equipment in a timely manner. In our school grounds we have 2 hard surface play areas, a Multi-Use Games Area as well as access to the park facilities and local leisure centre. In severe weather conditions, the school hall (EYFS classroom) can be used so that PE lessons can still go ahead.

**Sports premium** - Using our Sports Premium Funding we buy into the **Bolsover School Sports Partnership (BSSP)** who provide a range of services to enhance the delivery of sport in school. Through BSSP we take part in school sports events (such as Colour Run and Wellbeing sessions) and inter-school competitions (such as cross-country, swimming galas etc). We also use our Sports Premium to provide top-up swimming lessons, ensuring pupils have plenty of opportunity to learn to swim and stay safe in water.

**PE community** - Our lessons are planned in conjunction with the Bolsover School Sports Partnership Competition Calendar, so that children are given the opportunity to apply taught skills in competitive situations. When possible we host taster sessions which promote local clubs for pupils to try outside of school. We try to offer a variety of extra-curricular clubs that appeal to a range of different pupil interests. Some of the clubs we have offered are; rounders, hockey, basketball, yoga and dance. We hold an annual Sports Day on the village playing field. Pupils compete in mixed-age teams to develop teamwork skills. We also offer other events throughout the year such as Well-being workshops and Bikeability (Y4/5). We take part in a range of workshops or competitions organised by BSSP. Our Play Leader and team of mini-leaders also run intraschool competitions at lunchtime, encouraging many different children to take part.

**Awards** - We have earned a Gold School Games Mark and last year this was validated through external moderation.

### Our sporting values



### Support for children with SEND or additional needs.

Our PE lessons aim to provide an inclusive environment for pupils of any ability to have equal opportunity to participate.

- extra or different equipment
- pairing pupils together for support,
- challenging pupils with different outcomes in order to support or stretch them.
- Physical Literacy interventions, additional allotment time, additional Forest schools



## Impact

Pupils will have had the opportunity to take part in a wide range of sports and physical activity. This will include; PE lessons with teachers and coaches, interschool competitions with mini-leaders and intra-school events.

Pupils will display the Sporting Values, not only in PE lessons and sport events, but in other areas of school life such as core subject lessons, educational visits and break/lunch times.

Children develop their agility, balance, co-ordination, speed and strength year on year. These skills equip them for healthier lifestyles in the future. They will be more likely to keep fit.

Children understand the ways in which physical activity affects and benefits their bodies in the short and long-term.